

LET'S GLOW FORT RUCKER

WHERE: Fort Rucker Physical Fitness Center Track

WHEN: AUGUST 13TH 7:30PM DANCE WARM UP 8:00PM RUN STARTS

DETAILS:

- Pre-registration, packet pick up is on FRIDAY August 12th 12:00pm-6:00pm at Fortenberry-Colton PFC.
- Race Day registration begins at 7:00pm-7:45pm.
- **WEAR YOUR BEST NEON ACCESSORIES TO GLOW UNDER THE BLACK LIGHTS**

Racecourse:

- Start the dance party warm up (7:30pm) on the PFC Track.
- The 3K fun run will start at 8:00pm on the 2-mile air assault track and finish on the PFC Track.

Entry Fee:

- Pre-registration fee is \$20 now thru Race Day. (Limited edition t-shirt, glow items and finisher medal)
- Optional no-t-shirt option \$10 (glow items and finisher medal)

Sports drinks, water and fruit will be provided for participants at the finish line.

Questions? Contact Nicole Crowley (334)255-1951/2296;

Email Nicole.r.crowley4.naf@army.mil



NAME: _____ AGE: _____

PHONE: _____ EMAIL: _____

YOUTH T-SHIRT SIZE (MARK ONE): YS YM

ADULT T-SHIRT SIZE (MARK ONE): S M L XL

COST: \$20 T-SHIRT, MEDAL & GLOW ITEMS

LIABILITY WAIVER: PLEASE READ BEFORE SIGNING.

I know that participating in a distance running event is potentially hazardous. I should not enter unless I am medically able and properly trained. I know that traffic control is provided, but there is a possible danger. I assume the risk of running in traffic. I also assume all other risks associated with the running event including weather, road conditions and all other risks known and appropriated by me. I agree to yield to emergency vehicles. I hereby for myself, my heirs, my executors, or anyone who might claim on my behalf, convenient not sue, and waive and release the Fort Rucker Family and Morale, Welfare and Recreation Directorate, USAACE and Fort Rucker, the Fort Rucker installation race officials Volunteers and any sponsors from any claim or liability for death, personal injury or property damage arising from my race participation. The undersigned grants full permission for Fort Rucker's Family and Morale, Welfare and Recreation Directorate and/or sponsors to use any photographs or video tapes of this event. Applications for minors will be accepted only with the signature of a parent or guardian.

PHOTO RELEASE REQUIRED: PLEASE READ BEFORE SIGNING.

I hereby give my permission to Fort Rucker, Family and Morale, Welfare, and Recreation to use my photograph, or photographs whether still, video tape or television, or my likeness, whether sketch, drawing, or painting, as well as recordings of my voice and my name in any legal and accepted manner for news or advertisement.

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT/GUARDIAN (under age 18): _____ DATE: _____

Please do not write below this line. To be completed by MWR Staff

Information has been verified by staff
 Form is complete

Staff name

Date received