



FORT NOVOSEL  
OUTREACH  
SERVICES  
VOLUNTEER  
  
DISCIPLINE



1. Based on an understanding of individual needs and behaviors of children at varying developmental levels, simple, understandable rules will be established so expectations and limitations are clearly defined.
2. Discipline will be positive and constructive in nature, including such methods as diversion, separation of the child from situations, and praise for appropriate behavior.
3. Children will not be punished by:
  - Spanking, pinching, shaking or other corporal punishment
  - Isolation for long periods of time
  - Confinement in closets, boxes, or similar places
  - Binding to restrain movement of mouth or limb
  - Humiliation or verbal abuse. Never make fun of a child for any reason. Embarrassment can inflict irreparable damage.
  - Deprivation of meals, snacks, outdoor play opportunities or other program components. Short-term restriction on the use of specific play materials and equipment or participation in a specific activity are permissible but the punishment must fit the infraction.
4. Children will not be punished for lapses in toilet training or for refusing food.
5. Variations in behavior should be recorded on an incident report.
6. Some suggestions:
  - If physical violence erupts between two or more children intervene immediately. Comfort the child who has been attacked.
  - Make every effort to direct the children back to more constructive activities. Nonverbal discipline must be limited to gentle restraint and guidance. As a last resort, remove the child who is disruptive from the play area for a short “time-out”. Time-out is not used for infants and is limited to the age of the child.
  - Be at eye level when talking to children. Have their attention.
  - Set realistic standards of behavior and be in charge.

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Volunteer's Printed Name

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Volunteer's Signature

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Date